

Taunton POP-In



Active Living for over 50s

Alternate Wednesdays, 10.30am-1.30pm at Temple Methodist Church Upper High Street
 Alternate Thursdays, 12.30-3.30pm at Taunton United Reformed Church Paul Street (URC)
Also once a month talk at the Library Meeting Room (LMR) on a Wednesday at 11am
 All enquiries and bookings to Diana Oldham Tel: 282762 or diana@doldham.wanadoo.co.uk
 or Sarah Wait on 286776

APRIL MAY JUNE 2013

Wed 3 April	Temple	At 11am: A representative from Compass Disability Services will talk and answer questions about their work supporting unpaid carers in Somerset. Also table tennis and ping pong. Light Lunch: £2.50
Thur 11 April	URC	A quiz (at 1.30pm) and ping pong Soup, rolls, cheese and fruit from 12.30pm: £1.50
Mon 15 April	Temple	10.30-11.45 am: Tai chi £3. Just turn up
Wed 17 April	Temple	Walking football and other games. Light Lunch: £2.50.
Mon 22 April	Temple	10.30-11.45 am: Tai chi £3. Just turn up
Wed 24 April	LMR	11 O'Clock Show at the Library £2 David Patten author of 'Shops and Trades of North Curry' will be talking about his recently published book about the records of 80 people who have worked in the village.
Thur 25 April	URC	Art lesson 1.30-3pm with tutor Virginia Chester. Materials provided: £3. Soup, rolls, cheese and fruit from 12.30pm: £1.50
Mon 29 April	Temple	10.30-11.45 am: Tai chi £3. Just turn up
Wed 1 May	Temple	Hilary Daniel invites you to come and sing: no charge. Light Lunch: £2.50.
Thur 9 May	URC	Flexercise with Pat Pike: 1.30pm: no charge. Soup, rolls, cheese and fruit from 12.30pm: £1.50

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Mon 13 May	Temple	10.30-11.45 am: Tai chi £3. Just turn up
Wed 15 May	Temple	Lateral thinking puzzles, word games and table tennis. Light Lunch: £2.50
Mon 20 May	Temple	10.30-11.45 am: Tai chi £3. Just turn up
Thur 23 May	URC	Country walk c. 1 hr. departing 1 pm; numbers in advance please. For others: ping pong; neck and shoulder massage with Pat Pike. No charges. Soup, rolls, cheese and fruit from 12.30pm: £1.50
Wed 29 May	Temple	Flexercise with Pat Pike at 11 am: no charge. Light Lunch: £2.50 £3.50 . <i>Prior booking necessary.</i>
Wed 29 May	LMR	11 O'Clock Show at the Library £2 Peter Clark will give an inspiring and informative talk about Dickens London
Mon 3 June	Temple	10.30-11.45 am: Tai chi £3 Just turn up
Thur 6 June	URC	Art lesson, 1.30-3pm, with tutor Virginia Chester; materials provided: £3. Soup, rolls, cheese and fruit from 12.30pm: £1.50
Mon 10 June	Temple	10.30-11.45 am: Tai chi £3 Just turn up
Wed 12 June	Temple	Pam Ayres poems – bring your favourite; also fun trying to lip read (not the poems!). Light Lunch: £2.50
Mon 17 June	Temple	10.30-11.45 am: Tai chi £3 Just turn up
Thur 20 June	URC	Garden tea party with ping pong and other games. Soup, rolls, cheese and fruit from 12.30pm: £1.50
Mon 24 June	Temple	10.30-11.45 am: Tai chi £3 Just turn up
Wed 26 June		Coach outing to Tyntesfield National Trust property in North Somerset. Leave at 10am back by 4.30pm. Cost: £10. Prior booking essential. For those not on the outing: activity to be decided nearer the time and full Lunch: £3.50. Prior booking required.
Wed 26 June	LMR	11 O'Clock Show at the Library £2 Keith Gould, local butterfly enthusiast will be giving a fully illustrated talk on the 'Flowers and Butterflies in Europe'

Information on social services and health issues at both venues. Also informal book exchange.

German lessons continue. Contact: Astrid Hermes: 256536
info@hermeslanguagelink.co.uk

Also at Temple: Tai Chi: Mondays 10.30am-11.45am during term time: £3 per session:
Contact Malcolm Droy: 07817 395510 or just turn up.